



# Shaolin Warrior Martial Arts

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## CLASS SCHEDULES

(Effective 12/1/21)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						<b>9:30-10:30</b> <b>Beginner &amp; White Belt</b>
CLOSED				9:00 -10:30 (Private)	10:00-11:00 (Private)	10:45 -11:45 (Private)
		11:00-12:00 (Private)	11:00-12:00 (Private)	<b>LUNCH</b>	11:30-12:30 (Private)	<b>LUNCH</b>
	1:00-2:00 (Private)	1:00-2:00 (Private)	1:00-2:00 (Private)	12:30-1:30 (Private)	<b>LUNCH</b>	<b>1:00-2:00</b> <b>Yellow / Purple / Blue</b>
CLOSED	2:15-3:15 (Private)	2:10-3:10 (Private)	2:15-3:15 (Private)	2:00-3:00 (Private)	<b>2:00-3:00</b> <b>Beginner &amp; White Belt</b>	<b>2:30-3:30</b> <b>Beginner &amp; White Belt</b>
	3:30-4:30 (Private)	<b>3:30-4:30</b> <b>Beginner &amp; White Belt</b>	<b>3:30-4:30</b> <b>Yellow / Purple / Blue</b>	<b>3:30-4:30</b> <b>Yellow / Purple / Blue</b>	<b>3:30-4:30</b> <b>Teen &amp; Adult Kung Fu</b>	4:00 - 5:00 <b>Tai Chi</b> (ALL Age)
CLOSED	4:45-5:45 (Private)	<b>5:00-6:00</b> <b>Yellow / Purple / Blue</b>	5:00-6:00 <b>Beginner &amp; White Belt</b>	5:00-6:00 <b>Beginner &amp; White Belt</b>	<b>5:00-6:00</b> <b>Yellow / Purple / Blue</b>	<b>5:30-7:30</b> <b>Warrior</b>
	6:00-7:00 (Private)	<b>6:30-7:30</b> <b>Green &amp; Up</b>	<b>6:30 -7:30</b> <b>Kick Boxing / Self Defense</b> (ALL Age)	<b>6:30-7:30</b> <b>Green &amp; Up</b>	<b>6:30-7:30</b> <b>Green &amp; Up</b>	<b>Team Class</b>
	7:30-8:30 (Private)	7:45-8:45 (Private)	7:45-8:45 (Private)	7:45-8:45 (Private)	7:45-8:45 (Private)	