



Shaolin Warrior Martial Arts

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CLASS SCHEDULES

(Effective 3/1/2023)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CLOSED					RESERVED	9:30-10:30 PRIVATE
					RESERVED	10:30-11:30 Beginner & White Belt
					RESERVED	11:30-12:30 Green & Up
CLOSED		1:00-2:00 PRIVATE	2:00-3:00 PRIVATE		LUNCH	LUNCH
	2:15-3:15 RESERVED	2:00-3:00 PRIVATE	3:30-4:30 Green & Up		2:00-3:00 Beginner & White Belt	2:00-3:00 Yellow / Purple / Blue
CLOSED	4:00-5:00 PRIVATE	3:30-4:30 Beginner & White Belt	4:30-5:30 Beginner & White Belt	3:30-4:30 Yellow / Purple / Blue	3:30-4:30 Teen & Adult Kung Fu	3:00-4:00 Beginner & White Belt
	5:00-6:00 PRIVATE	5:00-6:00 Yellow / Purple / Blue	5:30-6:30 Yellow / Purple / Blue	5:00-6:00 Beginner & White Belt	5:00-6:00 Yellow / Purple / Blue	4:00-5:00 Tai Chi (ALL Age)
CLOSED	6:00-7:00 PRIVATE	6:30-7:30 Green & Up	6:30-7:30 Kick Boxing / Self Defense (ALL Age)	6:30-7:30 Green & Up	6:30-7:30 Green & Up	5:30-7:30 Warrior
	7:00-8:00 PRIVATE	7:30-8:30 PRIVATE	7:30-8:30 PRIVATE	7:30-8:30 PRIVATE	7:30-8:30 PRIVATE	Team Class